



# In Touch

Cosmetic Surgery Center  
Dr. JoAnne Lopes

757-497-5400

## DYSPORT - A NEW TOX ON THE BLOCK

AS AN INTRODUCTORY SPECIAL, WE ARE OFFERING DYSPORT TO OUR PATIENTS AT A REDUCED COST FOR ONE DAY ONLY:  
**FRIDAY, JULY 24!**

- \*\*\$180 – Glabella**
- \*\*\$144 – Crows feet**
- \*\*\$ 90 – Forehead**

\*\*PRICE GIVEN IS FOR A MINIMAL AMOUNT; ADDITIONAL DYSPORT MAY BE REQUIRED

There's a new player joining the war on wrinkles! The Food and Drug Administration (FDA) has approved Dysport as an injectable treatment for wrinkles.

Dysport is said to act more quickly and may last a little longer than Botox.

Botox has been used in medical applications to treat muscle spasms and other conditions for nearly three decades. In

2002, it was approved by the FDA for cosmetic use. Dysport, which has been marketed for several years in Europe and South America, is made from the same neurotoxin as Botox. It was originally developed to treat muscular disorders. The difference is that Dysport will act in one to two days instead of the three to five days Botox needs to kick in. Clinical

trials suggest injections may be effective for up to four months, as opposed to about three months for Botox. In cosmetic use, the substance is used to immobilize the muscles that cause facial wrinkles.

**PLEASE CALL AS SOON AS POSSIBLE TO BOOK YOUR APPOINTMENT SPACE IS LIMITED**

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## Spring Skincare Specials

### Laser Hair Removal by the Area

Under Arms \$50 Arms (full) \$125  
Lip \$50 Chin \$50 Lip & Chin \$75  
Lower Legs \$125 Bikini \$75

(Special ends September 2009)

## Pimple in a Wrinkle

No longer will Acne be associated with an adolescence issue or even poor hygiene or a poor diet. Women, men and some teenagers are now suffering from acute acne. Common sense tells us that a menu with plenty of greens and whole grains, water, and protein is good for the overall health and probably does help some healing of acne. However, it has been proven by the "medical elite" that it is **not** the primary cause of acne. The direct cause of acne is unknown.

Another cause of acne is stress. The stress hormone called cortisol, which cascades through the human body when threatened or stimulated, can be a big cause of acne. The present generation is more stressed out than the previous generation. Stress can cause more than just skin inflammation. It has been the link to many of our health issues. While it has been proven that Yoga (deep breathing) or daily meditations make acne vanish, it is an adjustment that requires consistency in our lifestyle.

While all this is going on, we tend to miss the great factor that skin aging is also going on. In our adolescent years, our body heals quickly and our cell turnover is faster, thus healing the acne more

rapidly. Adult skin is slower so the skin becomes more sensitive, the cell turnovers are much slower, and healing is a long and almost never-ending process.

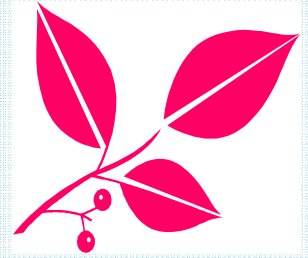
In my years of experience, I have noticed that the cause of acne in adults or adolescents is trying to scrub, buff, or even alcohol their way out of acne. Though cleansing is a big factor in keeping it from spreading, it is also a way of making it worse. Gently exfoliating and hydrating the area is very crucial to the skin's healing.

Proper skincare for this matter is important. Seeking a good treatment is essential with some relaxing facials and soft peels. This will not only slow down the aging factor but can also possibly get rid of the acne. Our body, mind and spirit are all connected. Let's start by allowing ourselves to take time and listen to what our bodies are telling us. Start your healing with a good facial and proper skincare. Meditate on a daily basis and eat a healthy balanced diet. And for heaven's sake! Stop scrubbing your acne away..... it only worsens the wrinkle.

Wishing you Health and Happiness,

Maggie Gomez LME

Cosmetic Surgery Center



LATE DAY APPOINTMENTS AVAILABLE WITH  
OUR MASTER ESTHETICIAN, MAGGIE!  
CALL US AT 497-5400 TO SCHEDULE YOUR  
COMPLIMENTARY SKIN CONSULT TODAY!

## ASK THE NURSE:

**Q: WHAT IS LASER VEIN TREATMENT AND HOW DOES IT WORK?**



**A:** LASER THERAPY IS A PROVEN VEIN TREATMENT FOR TREATING UNSIGHTLY BROKEN AND DILATED VESSELS, AS WELL AS OTHER UNWANTED VASCULAR LESIONS SUCH AS ROASACEA, PORT WINE STAINS, AND OTHER VASCULAR BIRTHMARKS. LASERS WORK BY EMITTING A SPECIALIZED LIGHT THAT PASSES THROUGH THE SKIN AND IS PREFERENTIALLY ABSORBED BY ITS TARGET, WHICH CAN BE AN UNWANTED HAIR, BIRTHMARK, TATTOO, OR IN THIS CASE, THE HEMOGLOBIN (THE RED PORTION OF THE BLOOD) IN THE UNWANTED VESSEL. THE HEAT FROM THE LASER CAUSES THE VEIN TO BREAK UP AND DISAPPEAR. DEPENDING ON THE SEVERITY OF THE CONDITION, MULTIPLE TREATMENTS MAY BE REQUIRED TO ACHIEVE THE DESIRED RESULT.

Susan Casciato, RN

(If you have questions for the nurse, please email us at [revitalize@drjoannelopes.com](mailto:revitalize@drjoannelopes.com))

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## THIS SEASON ON THE LAKE

Birds are chirping. Ducks are swimming. Fish are jumping. Summer is here. We have made it through yet another winter with ups and downs only Hampton Roads can provide. Our reward? Sun-filled sandy days spent barbecuing in the backyard and lazy weekends at the beach. We are even seeing the true signs of how summer



lifts the spirits. Not only are there duck families but there are turtle families that reside around "our lake". This week, right outside JoAnn's office window, we got to watch the true beauty of life play out as we watched mother turtles dig holes to lay their eggs. One day, we hope to catch the baby turtles hatching and share pictures with you!

## A NEW FINANCING OPTION!

As some of you already know, the Cosmetic Surgery Center offered financing options for our patients with Care Credit and Capital One Healthcare Finance. Unfortunately, Capital One has made the decision to exit the Healthcare Finance market, effective April 1, 2009.

We are still offering Care Credit but have added another option for our patients. Please visit [www.surgeryloans.com](http://www.surgeryloans.com).

SurgeryLoans.com offers affordable financing and provides an extensive range of loan options. They provide one of the lowest and broadest ranges of interest rates allowing all patients the highest chance for loan approval.



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### Skin Care SPECIALS

**Jane Iredale 25% off** all

Pressed Formulas (while supplies last)

**Latisse Sale**— Buy 2 sets and get a 10% savings.

**Obagi VIP Program**— In appreciation of your business, for every \$50 spent on Obagi product, your card will be stamped. When your card is

filled, you will receive 20% off your

next Obagi purchase!

## VISIT US ON FACEBOOK

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